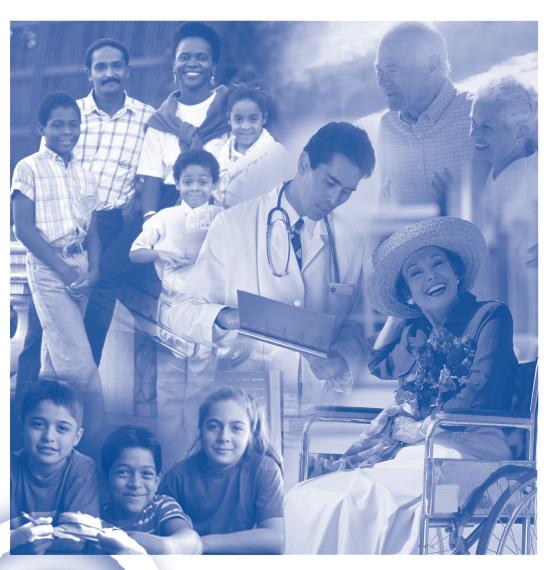
Diabetes Resource Guide

for Consumers and Health Professionals



Wisconsin Diabetes Prevention and Control Program

Wisconsin Department of Health and Family Services Division of Public Health PO Box 2659 Madison, WI 53701-2659 (608) 261-6871

PPH 43011 (Rev 5/03)

www.dhfs.state.wi.us/health/diabetes

Diabetes Resource Guide

Provided by the Wisconsin Diabetes Prevention and Control Program

Diabetes in Wisconsin

Diabetes is a serious, common, costly, but controllable chronic disease. In Wisconsin:

- Diabetes was the sixth leading cause of death in 2000
- It is estimated that about 330,000 persons in Wisconsin have diabetes (diagnosed and undiagnosed)
- In 2000, over 1,300 residents died when diabetes was listed as the underlying cause of death
- In 2000, there were 78,790 diabetes-related hospitalizations
- In 2000, there were over 1,700 diabetes-related amputations

Annually, diabetes and its complications cost an estimated \$2.8 billion in health care and lost productivity. Many of these adverse outcomes can be prevented, or at least delayed, by an aggressive program of more preventive care, prompt identification of problems, early intervention and treatment.

Purpose of the Guide

One method to help improve diabetes care and delay or reduce diabetes-related complications, is to provide current diabetes educational and resource information to health care providers and people with diabetes. The purpose of this guide is to provide a listing of organizations, government agencies, programs, financial resources, and internet resources in one easy-to-use guide.

The Diabetes Resource Guide's audience is:

- Health care organizations
- Health care professionals
- People with diabetes
- Family & friends of those with diabetes
- People at-risk for developing diabetes

About the Wisconsin Diabetes Prevention and Control Program

The mission of the Diabetes Prevention and Control Program (DPCP) is to improve diabetes care in Wisconsin. Forming and maintaining strong, active partnerships are key to achieving this mission. The DPCP uses a statewide approach to improve diabetes care through:

- Working with health systems
- Designing population-based community interventions and health communications
- Outreach to high risk populations
- Conducting surveillance and evaluation of the burden of diabetes
- Coordination of efforts through the Diabetes Advisory Group

The Diabetes Advisory Group, convened by the DPCP, provides the foundation for active partnerships across the state. Members include over 60 diverse partners, including health care and professional organizations, minority groups, business coalitions, insurance and managed care organizations, voluntary and community-based organizations, academic centers, industry and public health representatives, and consumers. (See Appendix A for a listing of members).

The DPCP provides a number of printed resource materials as well as links to additional information. See page 18 for resource and contact information.

Copies and Updates

Every attempt is made at the time of printing to include the most current information; however, contact information and internet addresses frequently change. Please notify us, using the contact information listed below, if you notice any incorrect information or wish to add a valuable resource to our next revision. To obtain additional copies of the Diabetes Resource Guide call 608-261-6855, email www.dhfs.state.wi.us/health/diabetes/index.htm.

Organizations	5
American Diabetes Association (ADA)	6
American Association of Diabetes Educators (AADE)	
The American Dietetic Association	6
Diabetes Care & Education (DCE) Dietetic Practice Group	6
American Foundation for Urologic Disease Inc. (AFUD) NEW ADDITION!	7
American Heart Association (AHA)	7
CDC Foundation NEW ADDITION!	
Diabetes Action Research and Education Foundation.	
Diabetes Exercise and Sports Association (DESA)	8
Diabetes Research and Training Centers (DRTCs)	
Diabetic Retinopathy Foundation	
Hadley School for the Blind NEW ADDITION!	
International Diabetes Center (IDC)	
International Diabetes Federation	
Joslin Diabetes Center	
Juvenile Diabetes Research Foundation (JDRF) International.	
Latino Health Organization	
Lighthouse International	
MetaStar—Diabetes Quality Improvement Project	
MidWest Clinician's Network NEW ADDITION!	
MUMS: National Parent-to-Parent Network.	
National Asian Women's Health Organization (NAWHO)	
National Certification Board for Diabetes Educators (NCBDE) NEW ADDITION!	
National Federation of the Blind: The Diabetes Action Network	
National Kidney Foundation, Inc. (NKF)	
National Lipid Education Council (NLEC)	
Wisconsin Primary Health Care Association	
Wound Care Institute (WCI)	
Government Agencies	
Center for Tobacco Research & Intervention (CTRI) NEW ADDITION!	
Division of Diabetes Translation, Centers for Disease Control and Prevention (CDC)	
Food and Nutrition Information Center	
Indian Health Service (IHS)	
National Center on Minority Health & Health Disparities (NCMHD) NEW ADDITION!	
National Diabetes Information Clearinghouse (NDIC)	
National Eye Institute (NEI)	. 16
National Heart, Lung, and Blood Institute (NHLBI)	
National Immunization Program NEW ADDITION!	
National Institute of Diabetes and Digestive and Kidney Diseases (NIDDK)	
National Institute on Aging	
National Kidney and Urologic Diseases Information Clearinghouse (NKUDIC)	
National Oral Health Information Clearinghouse (NOHIC)	
Office of Minority Health (OMH) Resource Center	
Rural Information Center (RIC)	
Veterans Health Administration (VHA)	
Wisconsin Bureau of Aging and Long Term Care	10
Wisconsin Bureau for the Blind	
Wisconsin Cardiovascular Health Program NEW ADDITION! Wisconsin Comprehensive Tobacco Prevention & Control Program	
	. 19
11 DECEMBER 12 DECEMBER 1 DECEMBER 1 DECEMBER 1 DECEMBER 1 DE LA 1	

Wisconsin Immunization Program NEW ADDITION!	
Wisconsin Minority Health Program NEW ADDITION!	20
Wisconsin Program for Children With Special Health Care Needs	20
Wisconsin Public Health and Health Policy Institute NEW ADDITION!	20
Programs and Initiatives	20
5 A Day for Better Health Program	21
Diabetesatwork.org NEW ADDITION!	
Diabetes Prevention Program.	
Feet Can Last a Lifetime: Foot Care Kit for Diabetes NEW ADDITION!	21
The LEAP (Lower Extremity Amputation Prevention) Program	21
National Cholesterol Education Program (NCEP)	
National Diabetes Education Initiative (NDEI)	22
National Diabetes Education Program (NDEP)	22
National Eye Health Education Program (NEHEP) NEW ADDITION!	22
National Glycohemoglobin Standardization Program (NGSP) NEW ADDITION!	22
National High Blood Pressure Education Program (NHBPEP) NEW ADDITION!	23
National Kidney Disease Education Program (NKDEP) NEW ADDITION!	23
Obesity Education Initiative (OEI) NEW ADDITION!	23
President's Council on Physical Fitness and Sports	23
Sharps Disposal	23
Weight-control Information Network (WIN)	24
Wisconsin Child Alert Program NEW ADDITION!	24
Financial Resources	25
Advocacy & Benefits Counseling for Health, Inc. (ABC)	26
BadgerCare	
Directory of Prescription Drug Patient Assistance Programs	
Eye Care America's Diabetes EyeCare Program (DEP) NEW ADDITION!	26
Great Lakes Inter-Tribal Council, Inc. (GLITC)	27
Health Insurance Risk Sharing Plan (HIRSP)	27
NeedyMeds.com NEW ADDITION!	27
Medicare Diabetes Self-Management Training and Medical Nutrition Therapy Benefits: A Web-Based	
Resource NEW ADDITION!	
Nonprofit Warehouse NEW ADDITION!	
Orange Card from GlaxoSmithKline NEW ADDITION!	28
RxAssist NEW ADDITION!	
Share Card™ Program from Pfizer NEW ADDITION!	
Together Rx [™] Program NEW ADDITION!	
Wisconsin SeniorCare™ NEW ADDITION!	
WisconCare	29
Wisconsin Chronic Disease Program.	
Wisconsin Council of the Blind	
Wisconsin Lions Foundation, Inc.	
Other Referral and Support Resources	
Civic groups and community organizations	
Community Health Centers	
County/Tribal Elderly Benefit Specialists	
County Human/Social Services	
County/Tribal Aging Offices	
Local public health departments	
Medigap	30

Helplines	31
Additional Internet Resources	32
Government	33
Professional/Consumer Associations	
Scientific Journals	34
Universities, Research Centers, and Medical Facilities	
Other Diabetes-Related Web Sites.	
Research	
Guidelines	35
Nutrition & Physical Activity	
Weight Management	
General Diabetes Knowledge & Management	
Non-English Language Materials & Information	
Other	36
Pharmaceutical Companies	37
Appendix A: Wisconsin Diabetes Advisory Group Members	38
Appendix B: Wisconsin's Community Health Centers	39

Organizations

American Diabetes Association (ADA)	6
American Association of Diabetes Educators (AADE)	6
The American Dietetic Association	
Diabetes Care & Education (DCE) Dietetic Practice Group	6
American Foundation for Urologic Disease Inc. (AFUD) NEW ADDITION!	7
American Heart Association (AHA)	
CDC Foundation NEW ADDITION!	7
Diabetes Action Research and Education Foundation	8
Diabetes Exercise and Sports Association (DESA)	. 8
Diabetes Research and Training Centers (DRTCs)	
Diabetic Retinopathy Foundation	8
Hadley School for the Blind NEW ADDITION!	
International Diabetes Center (IDC)	9
International Diabetes Federation	9
Joslin Diabetes Center	9
Juvenile Diabetes Research Foundation (JDRF) International	
Latino Health Organization	10
Lighthouse International	10
MetaStar—Diabetes Quality Improvement Project	
MidWest Clinicians Network NEW ADDITION!	10
MUMS: National Parent-to-Parent Network	11
National Asian Women's Health Organization (NAWHO)	
National Certification Board for Diabetes Educators (NCBDE) NEW ADDITION!	11
National Federation of the Blind: The Diabetes Action Network	11
National Kidney Foundation, Inc. (NKF)	11
National Lipid Education Council	12
Wisconsin Primary Health Care Association	12
The Wound Care Institute	12

American Diabetes Association (ADA)

ADA is a professional association and a private, nonprofit, voluntary organization with state and local offices. The mission of this organization is to prevent and cure diabetes, and to improve the lives of all people affected by diabetes. To fulfill this mission, the American Diabetes Association funds research, publishes scientific findings, and provides information and other services to people with diabetes, their families, health care professionals and the public.

ADA publishes a monthly magazine for patients called Diabetes Forecast and a bimonthly publication called Diabetes Advisor.
Additionally, ADA publishes cookbooks, meal planning guides, books, brochures, and pamphlets for patients, their families, health professionals, and other interested consumers.

Professional journals focusing on basic and clinical research are published including *Clinical Diabetes, Diabetes, Diabetes Care, Diabetes Spectrum*, and *Diabetes Reviews*. ADA also publishes a variety of other medical management guides, including clinical practice recommendations.

American Diabetes Association 1701 North Beauregard Street Alexandria, VA 22311 Toll free: 1-800-342-2383 www.diabetes.org

Wisconsin Area ADA Office 2323 N. Mayfair Road, Suite 502 Wauwatosa, WI 53226-1507 Toll free: 1-888-342-2383

Tel: 414-778-5500 Fax: 414-778-5511 www.diabetes.org

ADA Recognized Programs in Wisconsin

ADA Recognition is a national voluntary process formally identifying diabetes patient education programs that meet National Standards for Diabetes Patient Education. Visit www.diabetes.org/education/edustate2.asp or call ADA for a current listing of Wisconsin's Recognized Programs.

Diabetes Support Groups in Wisconsin

Contact the ADA at 414-778-5500 for a current listing of diabetes support groups in Wisconsin.

Delegates for Diabetes

The *Delegates for Diabetes* program is designed to organize the millions of people concerned about diabetes to become diabetes advocates. A Delegate for Diabetes is a person who writes or speaks to policy makers about diabetes. To become a delegate call toll free: 1-888-342-2383.

American Association of Diabetes Educators (AADE)

AADE is a multi-disciplinary organization with state and regional chapters, for health professionals involved in diabetes patient education. The association sponsors a certification program for diabetes educators and provides grants, scholarships, and awards for educational research and teaching activities. Bimonthly, AADE publishes *The Diabetes Educator*. AADE also provides curriculum guides, consensus statements, self-study programs, and other print and non-print resources for diabetes educators.

American Association of Diabetes Educators 100 West Monroe, Suite 400 Chicago, Illinois 60603-1901 1-800-832-6874 (Diabetes Educator Access Lineprovides names and addresses of local certified diabetes educators)

Toll free: 1-800-338-3633 Fax: 312-424-2427 Email: aade@aadenet.org www.diabeteseducator.org

The American Dietetic Association Diabetes Care & Education (DCE) Dietetic Practice Group

The American Dietetic Association is an organization for registered dietitians and other professionals providing nutrition care and education services. The association publishes the monthly *Journal of the American Dietetic Association*.

The DCE Practice Group develops guidelines for the nutritional management of diabetes, and maintains a network of practicing dietitians available for consultation. The DCE Practice Group publishes two newsletters, *Newsflash* and *On the Cutting Edge*. Other materials available for professionals from the Association include review papers and bibliographic resources in the areas of diabetes and nutrition, guidelines, manuals, and kits. For patients there are a variety of brochures related to healthy eating and meal planning.

American Dietetic Association 216 W. Jackson Blvd., Suite 800 Chicago, IL 60606-6995

Consumer Nutrition Info Line and RD locator: 1-

800-366-1655

Toll free: 1-800-877-1600

Tel: 312-899-0040 www.dce.org www.eatright.org

Wisconsin Dietetic Association 1411 W. Montgomery St. Sparta, WI 54656-1003 Toll free: 888-232-8631

Tel: 608-269-0042 Fax: 608-269-0043

Email: wda@centuryinter.net

www.eatrightwisc.org

American Foundation for Urologic Disease Inc. (AFUD) NEW ADDITION!

The AFUD's mission is to provide research grants, patient and public education, government relations, and patient support group activities. AFUD publishes an informational brochure about the organization; *Family Urology*, a quarterly newsletter; and several patient education brochures.

American Foundation for Urologic Disease 1128 North Charles Street Baltimore, MD 21201

Toll free: 1-800-242-2383

Tel: 410-468-1800 Email: admin@afud.org

www.afud.org

American Heart Association (AHA)

The American Heart Association is a nonprofit association dedicated to fighting heart disease and stroke through research and education.

Professional resources include professional development seminars and meetings, emergency cardiac care training, and research information and opportunities. Consumer resources include free or low-cost brochures, pamphlets, newsletters, etc. related to the prevention of heart disease and stroke as well as disease specific information. Some of these resources are available in Spanish.

American Heart Association National Center 7272 Greenville Ave.

Dallas, TX 75231

Toll free: 1-800-242-8721 (consumers)
Toll free: 1-800-787-8984 (professionals)

www.americanheart.org

American Heart Association in Wisconsin Many local divisions. See "Local Info" link on national website listed above.

CDC Foundation NEW ADDITION!

The Centers for Disease Control (CDC) Foundation is an independent, non-profit enterprise that forges effective partnerships between CDC and others to fight threats to health and safety. The Foundation can accept funding and responsibly create programs that help donors and CDC scientists achieve their common goals. A variety of programs exist in the following areas: global health, healthy lifestyles, research & education, and fellowships. The Foundation publishes, *TheFrontLine*, a newsletter highlighting current programs and activities.

The Centers for Disease Control Foundation 50 Hurt Plaza, Suite 765 Atlanta, GA 30303

Tel: (888) 880-4CDC or (404) 653-0790

Fax (404) 653-0330 www.cdcfoundation.org

Diabetes Action Research and Education Foundation

The mission of the Diabetes Action Research and Education Foundation is to support and promote education and scientific research to enhance the quality of life for all people affected by diabetes.

Materials provided include exercise videos designed for people with diabetes, the booklet *Diabetes Self-Management: Basics and Beyond*, and recipes and tips are available on their website.

Diabetes Action Research and Education Foundation 426 C Street, NE. Washington, DC 20002 Tel: 202-333-4520

Fax: 212-785-9595 www.daref.org

Diabetes Exercise and Sports Association (DESA)

DESA's mission is to enhance the quality of life for people with diabetes through exercise and physical fitness. DESA publishes a quarterly newsletter, *The Challenge*, and sponsors a variety of events.

Diabetes Exercise and Sports Association (DESA)

P.O. Box 1935

Litchfield Park, AZ 85340 Toll free: 1-800-898-4322 Tel: 623-535-4593

Fax: 623-535-4741

Email: desa@diabetes-exercise.org

www.diabetes-exercise.org

Diabetes Research and Training Centers (DRTCs)

The National Institute of Diabetes and Digestive and Kidney Diseases supports six DRTCs. These centers offer seminars and workshops for health care professionals on diabetes management and offer professional expertise in developing and implementing diabetes programs. Individual centers produce a variety of educational materials, including audiovisuals for health care professionals.

The DRTCs nearest Wisconsin are listed below.

Michigan Diabetes Research & Training Center G1103 Towsley Center, Box 0201 University of Michigan Medical School

Ann Arbor, MI 48109-0201

Tel: 313-763-1426 Fax: 313-936-1641

Email: mfunnell@medmail.med.umich.edu

www.med.umich.edu/mdrtc/

University of Chicago DRTC Howard Hughes Medical Institute 5841 S. Maryland Avenue, MC Room N-216

Chicago, IL 60637 Tel: 773-702-1334 Fax: 773-702-4292

E-mail: dfsteine@midway.uchicago.edu

Diabetic Retinopathy Foundation

The Diabetic Retinopathy Foundation is a not-forprofit organization, whose mission is to support research and public awareness, which will lead to the prevention of diabetic retinopathy. Their goal is to educate the public about the causes of diabetic retinopathy and disseminate information concerning its prevention.

Diabetic Retinopathy Foundation 350 North LaSalle, Suite 800 Chicago, IL 60610 www.retinopathy.org

Hadley School for the Blind NEW ADDITION!

The Hadley School for the Blind offers more than 90 distance education courses to eligible students completely free of charge, including "You, Your Eyes and Diabetes." Individuals must meet one of the following criteria to be eligible: (1) a blind adult (14+ years of age); (2) a relative of a blind or visually impaired child; (3) a family member of a blind or visually impaired adult; or (4) a professional in the blindness field.

The Hadley School for the Blind

700 Elm Street

Winnetka, IL 60093-2554 USA Toll free: 1-800-323-4238

Fax: 847-446-0855

Email: info@hadley-school.org

www.hadley-school.org

International Diabetes Center (IDC)

IDC offers education classes for people with diabetes and training programs and consultation services for health professionals. They have developed the Staged Diabetes Management program, a system of clinical pathways that helps primary care providers and diabetes educators partner with patients to gain control of their diabetes and prevent complications. IDC and its affiliates also conduct research on the prevention and treatment of diabetes.

The organization publishes quarterly, *Living Well With Diabetes*. Other publications include management and nutrition guides for patients, low-literacy patient education booklets, guides and training materials for health professionals, audiovisuals, and general publications related to chronic health problems and nutrition.

International Diabetes Center 3800 Park Nicollet Boulevard Minneapolis, MN 55416-2699 Toll Free: 1-888-825-6315

Tel: 952-993-3393 Fax: 952-993-1302

Email: idcdiabetes@parknicollet.com

www.idcdiabetes.org

www.parknicollet.com/diabetes

International Diabetes Federation

The IDF is a non-governmental organization in official relations with the World Health Organization (WHO) and the Pan American Health Organization (PAHO). They are an umbrella organization of 164 member associations in 130 countries. IDF carries out broad global initiatives through task forces, working groups, conferences and educational development.

Materials published by IDF include the *Diabetes Voice*, *Bulletin of the IDF*; leaflets; fact sheets; and other publications including a directory of online resources and a directory of clinical practice guidelines.

International Diabetes Federation Avenue Emile De Mot 19 B-1000 Brussels, Belgium Tel: +32-2-5385511

Fax: +32-2-5385114 Email: info@idf.org

www.idf.org

Joslin Diabetes Center

The Joslin Diabetes Center offers inpatient and outpatient treatment, education, and other support services to adults and children with diabetes; provides professional medical education; sponsors camps for children with diabetes; and supports research to improve treatment and find a cure for diabetes and its complications. In addition to its headquarters in Boston, there are affiliated diabetes treatment centers nationwide.

Joslin produces a variety of educational materials for patients and professionals, including manuals, books, nutrition guides, cookbooks, materials for children with diabetes, videos, software, and an online diabetes library.

Joslin Diabetes Center One Joslin Place Boston, MA 02215

Toll free: 1-800-JOSLIN-1 (1-800-567-5461)

Tel: 617-732-2400 www.joslin.harvard.edu

Juvenile Diabetes Research Foundation (JDRF) International

JDRF is a private, nonprofit, voluntary health agency with chapters and affiliates throughout the world. JDRF raises funds to support research on the cause, cure, treatment, and prevention of diabetes and its complications. The organization awards research grants for laboratory and clinical investigations and also provides training programs, workshops, and conferences for researchers.

JDRF publishes two quarterly magazines, *Countdown* and *Countdown For Kids*, and a series of patient education brochures about Type 1 and Type 2 diabetes. Individual chapters also offer support groups and other activities for families affected by diabetes.

Juvenile Diabetes Research Foundation Intl. 120 Wall Street.

New York, NY 10005-4001 Toll free: 1-800-533-2873

Fax: 212-785-9595 Email: <u>info@jdrf.org</u>

www.jdrf.org

Continued on next page...

Wisconsin JDRF Chapters

Western Wisconsin JDRF Chapter 7818 Big Sky Drive #118 Madison, WI 53719

Tel: 608-833-2873 Fax: 608-833-9214

Email: westernwi@jdrf.org

Northeast Wisconsin JDRF Chapter 1800 Appleton Rd., Suite 2 Appleton, WI 54914

Tel: 920-997-0038 Fax: 920-997-0039

Email: northeastwi@jdrf.org

www.jdrf.org/chapters/WI/Northeast-Wisconsin

Southeastern Wisconsin JDRF Chapter 2825 N. Mayfair Road, Suite 9

Wauwatosa, WI 53222 Tel: 414-453-4673 Fax: 414-453-4919

Email: southeastwi@jdrf.org

Latino Health Organization

The Latino Health Organization helps bridge the gap in access to health care for people of Latin American descent living in Milwaukee. Services include a home visiting outreach program, written and verbal translation services, and a health promoters training program. Health promoters are trained volunteers who help patients overcome language and cultural barriers.

Latino Health Organization 1225 W. Mitchell Street, Suite 212 Milwaukee, WI 53204

Tel: 414-647-9990 Fax: 414-647-1572

Lighthouse International

Lighthouse International's mission is to enable people of all ages to overcome vision impairment through worldwide leadership in vision rehabilitation services, education, research and advocacy.

Lighthouse has a variety of products, publications, and resources available for those affected with vision impairment.

Lighthouse International 111 East 59th St. New York, NY 10022-1202 Toll free: 1-800-829-0500

Tel: 212-821-9200 TTY: 212-821-9713

Email: info@lighthouse.org

www.lighthouse.org

MetaStar—Diabetes Quality Improvement Project

MetaStar is a health care quality improvement organization based in Madison, Wisconsin. MetaStar helps to assure cost-effective, quality health care through projects with health care organizations involving quality improvement, data analysis, and cost containment.

MetaStar will work together with healthcare systems and clinics to improve care for their patients with diabetes. The current diabetes quality improvement project involves three indicators, including appropriate frequency of retinal exam by an eye professional, appropriate HbA1c testing, and appropriate frequency of lipid profile. As part of the project, MetaStar will provide resources (tools, data) and consultation to enhance efforts of providers and plans to gather systematic information on patients.

Judy Frisch, Project Coordinator MetaStar 2909 Landmark Place Madison, WI 53713 Toll free: 1-800-362-2320

Tel: 608-274-1940 Fax: 608-274-5008

Email: jfrisch@metastar.com

www.metastar.com

MidWest Clinician's Network NEW ADDITION!

The Midwest Clinicians' Network, Inc.'s (MWCN) mission is to enhance professional and personal growth for clinicians to become effective leaders for their health centers and promoters of quality, community-based primary health care. The Health Disparities Collaboratives are a quality improvement initiative for primary health care centers. They are currently in the third year of focus on diabetes. Information on the collaborative models and tools is available. MidWest Clinicians Network

MidWest Clinicians Networl 2525 Jolly Rd., Suite 280 Okemos, MI 48864

Tel: 517-381-8000 Fax: 517-381-8008

Email: mwcn-info@mpca.net www.midwestclinicians.org

MUMS: National Parent-to-Parent Network

MUMS is a national Parent-to-Parent organization for parents or care providers of a child with any disability or health condition. MUMS' main purpose is to provide support to parents in the form of a networking system that matches them with other parents whose children have the same or similar condition. Parents can then exchange valuable information and provide each other with emotional support.

MUMS also connects parents with support groups dealing with their child's specific disability or assists them in forming a group. A newsletter, *The Matchmaker*, is published quarterly and allows families to share and speak out about issues affecting their lives.

MUMS: National Parent to Parent Network

Julie J. Gordon 150 Custer Court

Green Bay, Wisconsin 54301-1243

Toll Free: 1-877-336-5333 (Parents only please)

Tel: 920-336-5333 Fax: 920-339-0995 E-mail: mums@netnet.net

E-mail: <u>mums@netnet.ne</u> <u>www.netnet.net/mums</u>

National Asian Women's Health Organization (NAWHO)

NAWHO's diabetes education program, Transforming Information into Action, seeks to increase awareness of diabetes among Asian American community members, educate health care professionals about diabetes and Asian Americans, train health advocates to be informed diabetes spokespeople, and create culturally appropriate diabetes education materials. A variety of research reports and the National Asian American Diabetes Education Campaign newsletter are available as well as additional information and services for members. National Asian Women's Health Organization 250 Montgomery Street, Suite 900 San Francisco, CA 94104

Tel: 415-989-9747 Fax: 415-989-9758

Email: nawho.org

www.nawho.org

National Certification Board for Diabetes Educators (NCBDE) NEW ADDITION!

The mission of the NCBDE is to promote excellence in the profession of diabetes education through the development, maintenance, and protection of the Certified Diabetes Educator (CDE) credential and certification process

Natl. Certification Board for Diabetes Educators

330 E. Algonquin Rd., Suite 4 Arlington Heights, IL 60005

Tel: 847-228-9795 Fax: 847-228-8469 Email: info@ncbde.org www.ncbde.org

National Federation of the Blind: The Diabetes Action Network

The Diabetes Action Network, a division of the National Federation of the Blind, is a support and information network for all diabetics, especially those who are blind or losing vision. The Network publishes a quarterly magazine, *Voice of the Diabetic*, and a resource guide. A wide variety of other resources and information are available through the National Federation of the Blind.

Diabetes Action Network National Federation of the Blind

1412 I-70 Drive SW, Suite C Columbia, MO 65203 Tel: 573-875-8911

Email: ebryant@socket.net www.nfb.org/diabetes.htm.

National Kidney Foundation, Inc. (NKF)

The NKF is a voluntary health organization dedicated to preventing kidney and urinary tract diseases, improving the health and well-being of individuals and families affected by these diseases, and increasing the availability of all organs for transplantation.

Continued on next page...

NKF has several publications including *The Kidney, American Journal of Kidney Diseases, CNSW Perspectives, CRN Quarterly, CNNT Action Update,* and *NKF Family Focus.*Additional patient and public education materials are available.

National Kidney Foundation 30 East 33rd Street, Suite 1100 New York, NY 10016 Toll free: 1-800-622-9010

Tel: 212-889-2210 Fax: 212-689-9261 Email: info@kidney.org

www.kidney.org

The vision of the National Kidney Foundation of Wisconsin (NKFW) is to identify itself as Wisconsin's leading public health resource for all individuals and their families affected by or atrisk of chronic kidney disease (CKD). The NKFW is committed to reducing the impact of chronic kidney disease through its prevention, detection and early intervention programs; constituent and professional education programs; public policy and advocacy initiatives; organ and tissue donor awareness; community collaborations and direct support for kidney-related research.

National Kidney Foundation of Wisconsin, Inc. 16655 West Bluemound Road, Suite 240

Brookfield, WI 53005 Toll Free: 1-800-543-6393

Tel: 262-821-0705 Fax: 262-821-5641

Email: nkfw@kidneywi.org

www.kidneywi.org

National Lipid Education Council (NLEC)

The NLEC is a multidisciplinary panel of experts in lipid management, cardiology, endocrinology, and primary care. The organization provides an online resource for healthcare professionals called Lipid Health. The site provides access to a newsletter, <u>Lipid Management</u>, current literature and case studies, events, and CME opportunities.

National Lipid Education Council Email: info@lipidhealth.org

www.lipidhealth.org

Wisconsin Primary Health Care Association

The Wisconsin Primary Health Care Association is a private, non-profit trade and advocacy organization of Community, Migrant and Homeless Health Centers, and other groups and individuals concerned about access to primary health care for underserved rural and urban communities.

The Association's activities and services include public education, legislative advocacy, technical support and more. The Association works with Wisconsin's Health Centers to carry out these activities and promote access to comprehensive community-oriented primary health care services for medically underserved communities in Wisconsin. See Appendix B for a complete listing of Wisconsin's Health Centers.

Wisconsin Primary Health Care Association 49 Kessel Court, Suite 210

Madison, WI 53711 Tel: 608-277-7477 Fax: 608-277-7474

Email: wphca@wphca.org

www.wphca.org

Wound Care Institute (WCI)

The WCI is a non-profit organization involved in the advancement of wound healing and diabetic foot care. Educational seminars, research studies, educational grants, a speaker's bureau, preceptorship programs and patient literature are some of the WCI's goals.

The Wound Care Institute, Inc.

1100 N.E. 163rd St., Suite 101 North Miami Beach, FL 33162

Tel: 305-919-9192 Fax: 305-944-6260

Email: Tamara@Woundcare.org

http://woundcare.org

Government Agencies

Center for Tobacco Research & Intervention (CTRI) NEW ADDITION!	14
Div. of Diabetes Translation, Centers for Disease Control and Prevention (CDC)	14
Food and Nutrition Information Center	14
Indian Health Service (IHS)	14
National Center on Minority Health & Health Disparities NEW ADDITION!	15
National Diabetes Information Clearinghouse (NDIC)	
National Eye Institute (NEI)	15
National Heart, Lung, and Blood Institute (NHLBI)	15
National Immunization Program NEW ADDITION!	
National Institute of Diabetes and Digestive and Kidney Diseases (NIDDK)	16
National Institute on Aging	
National Kidney and Urologic Diseases Information Clearinghouse (NKUDIC)	16
National Oral Health Information Clearinghouse (NOHIC)	16
Office of Minority Health (OMH) Resource Center	17
Rural Information Center Health Service (RICHS)	17
Veterans Health Administration	
Wisconsin Bureau of Aging and Long Term Care	17
Wisconsin Bureau for the Blind	
Wisconsin Cardiovascular Health Program NEW ADDITION!	18
Wisconsin Comprehensive Tobacco Prevention & Control Program NEW ADDITION!	
Wisconsin Diabetes Prevention and Control Program	
Wisconsin Immunization Program NEW ADDITION!	19
Wisconsin Minority Health Program NEW ADDITION!	
Wisconsin Program for Children with Special Health Care Needs	
Wisconsin Public Health & Health Policy Institute NEW ADDITION	19

Center for Tobacco Research & Intervention (CTRI) NEW ADDITION!

The Center for Tobacco Research and Intervention (UW-CTRI) is a nationally-recognized academic center established in 1992 by the University of Wisconsin at Madison. The CTRI is committed to aiding smokers in overcoming their dependence on tobacco. The Center accomplishes its aims through four program areas: research, clinical, outreach and education, and policy. Fact sheets, publications, and information on cessation services and programs by county are available.

UW-Center for Tobacco Research & Intervention

1930 Monroe Street, Suite 200

Madison, WI 53711 Tel: 608-262-8673 Fax: 608-265-3102 www.ctri.wisc.edu

Division of Diabetes Translation, Centers for Disease Control and Prevention (CDC)

An agency of the Public Health Service, Department of Health and Human Services, CDC promotes assessment, health policy development, assurance of quality health services, and implementation of community-based approaches to reduce the burden of diabetes in the U.S.

The agency supports diabetes control programs in all 50 states and four territories, conducts surveillance and research, and is a sponsor of the National Diabetes Education Program. CDC distributes several publications including an annual surveillance report; a patient guide, *Take Charge of Your Diabetes* (available in English and Spanish); fact sheets; a guide for primary care providers; and annotated bibliographies reviewing current literature on economic issues and diabetes.

For public inquiries & publications contact:

CDC Division of Diabetes Translation

P.O. Box 8728

Silver Spring, MD 20910

Toll Free: 1-877-CDC-DIAB (1-877-232-3422)

Fax: 301-562-1050 Email: diabetes@cdc.gov

www.cdc.gov/diabetes/index.htm

For all other information contact:

Division of Diabetes Translation Centers for Disease Control & Prevention 4770 Buford Highway, NE Mail Stop K-10 Atlanta, GA 30341-3717

Tel: 770-488-5000 Fax: 770-488-5966 www.cdc.gov/diabetes

Food and Nutrition Information Center

The Food and Nutrition Information Center (FNIC) is one of several information centers located at the National Agricultural Library (NAL). The food and human nutrition collection of NAL includes books, manuals, journal articles and audio-visual materials. Resources range from educational materials to scientific information.

Bibliographies and resource guides are available on such topics as sports, cardiovascular diseases, dental health, older Americans, vegetarianism, cancer, diabetes, food composition, eating disorders, and various aspects of nutrition.

Food and Nutrition Information Center Agricultural Research Service, USDA National Agricultural Library, Room 105 10301 Baltimore Ave. Beltsville, MD 20705-2351

Tel: 301-504-5719 TTY: 301-504-6856 Fax: 301-504-6409 Email: fnic@nal.usda.gov www.nal.usda.gov/fnic

Indian Health Service (IHS)

An agency of the Public Health Service, Department of Health and Human Services, IHS develops, documents, and sustains a health effort to prevent and control diabetes in American Indian and Alaska Native communities.

Resources include information on nutrition and fitness, a diabetes resource catalog, and training and workshops on diabetes.

Indian Health Service National Diabetes Program 5300 Homestead Road, NE Albuquerque, NM 87110

Tel: 505-248-4182 Fax: 505-248-4188

www.ihs.gov/medicalprograms/diabetes/index.asp

Diabetes Resource Guide

Rev. 5/03

National Center on Minority Health & Health Disparities (NCMHD) NEW ADDITION!

The mission of the National Center on Minority Health and Health Disparities (NCMHD) is to promote minority health and to lead, coordinate, support, and assess the NIH effort to reduce and ultimately eliminate health disparities. The NCMHD supports research, fosters emerging programs, disseminates information and provides outreach to minority and other health disparity communities.

Natl. Ctr.on Minority Health & Health Disparities 6707 Democracy Boulevard, Suite 800

MSC 5465

Bethesda, MD 20892-5465

Tel: 301-402-1366 Fax: 301-480-4049 http://ncmhd.nih.gov

National Diabetes Information Clearinghouse (NDIC)

The NDIC is a service of the National Institute of Diabetes and Digestive and Kidney Diseases (NIDDK), part of the National Institutes of Health (NIH), under the U.S. Public Health Service.

The clearinghouse is designed to increase knowledge and understanding about diabetes among patients and their families, health care professionals, and the public. NDIC publications include public and patient materials, professional materials, catalogs and guides, fact sheets, and information packets.

National Diabetes Information Clearinghouse

1 Information Way

Bethesda, MD 20892-3560 Toll free: 1-800-860-8747

Tel: 301-654-3327 Fax: 301-907-8906

E-mail: ndic@info.niddk.nih.gov

www.niddk.nih.gov/health/diabetes/ndic.htm

National Eve Institute (NEI)

NEI is one of the National Institutes of Health. It supports basic and clinical research to develop safe and effective methods to prevent, diagnose, and treat diabetic eye disease. NEI produces patient and professional education materials related to diabetic eye disease and its treatment, including literature for patients, guides for health professionals, and education kits for community health workers and pharmacists.

National Eye Institute 2020 Vision Place Bethesda, MD 20892-3655

Tel: 301-496-5248 www.nei.nih.gov

National Heart, Lung, and Blood Institute (NHLBI)

The primary responsibility of the NHLBI is the scientific investigation of heart, blood vessel, lung, and blood diseases. The NHLBI Information Center responds to inquiries related to high blood pressure, cholesterol, asthma, heart attack, obesity, and sleep disorders.

Public and patient education materials are available on numerous topics including cholesterol, high blood pressure, asthma, heart disease, exercise, obesity, sleep disorders, stroke, and blood diseases. Clinical practice guidelines and other publications for health professionals are available on the above topics also. Catalogs of publications and materials are available for professionals and the general public.

Natl. Heart, Lung and Blood Institute Info Center

Attn: Website P. O. Box 30105 Bethesda, MD 20824-0105

Tel: 301-592-8573 Fax: 301-592-8563

E-mail: nhlbiinfo@rover.nhlbi.nih.gov

www.nhlbi.nih.gov

National Immunization Program NEW ADDITION!

The National Immunization Program (NIP) is a part of the Centers for Disease Control and Prevention. As a disease-prevention program, NIP provides leadership for the planning, coordination, and conduct of immunization activities nationwide. Support and information is provided to health departments, health professionals, partners and the media.

Continued on next page...

National Immunization Program Public Inquiries Mailstop E-05

1600 Clifton Rd., NE Atlanta, GA 30333

Toll Free: 1-800-232-2522 Fax: 1-888-232-3299 Email: NIPINFO@cdc.gov

www.cdc.gov/nip

National Institute of Diabetes and Digestive and Kidney Diseases (NIDDK)

The NIDDK is part of the National Institutes of Health. They conduct and support biomedical research, disseminating research findings to the public.

A variety of resources are available through NIDDK's National Diabetes Information Clearinghouse, and through their other programs and initiatives.

National Institute of Diabetes and Digestive and Kidney Diseases (NIDDK)

Office of Communications and Public Liaison

NIDDK, NIH

Building 31, Room 9A04 31 Center Drive, MSC 2560 Bethesda, MD 20892

Toll free: 1-800-860-8747

Tel: 301-654-3327 Fax: 301-907-8906

Email: ndic@info.niddk.nih.gov

www.niddk.nih.gov

National Institute on Aging

The National Institute on Aging (NIA) is one of the National Institutes of Health. The NIA promotes healthy aging by conducting and supporting biomedical, social, and behavioral research and public education.

The Public Information Office at the National Institute on Aging produces science-based educational materials on a wide range of topics related to health and aging. Topics cover specific diseases and health conditions, treatments, and research. The materials are for use by the general public, patients and family members, health professionals, voluntary and community organizations, and the media.

National Institute on Aging Public Information Office Building 31, Room 5C27 31 Center Drive, MSC 2292 Bethesda, MD 20892

Phone: 301-496-1752 www.nih.gov/nia

National Kidney and Urologic Diseases Information Clearinghouse (NKUDIC)

NKUDIC provides information about kidney and urologic diseases to the public, patients and their families, and health care professionals. NKUDIC also works with related organizations to educate people about kidney and urologic diseases; answers inquiries; and develops, reviews, and distributes publications. It is a service of NIDDK.

The following materials are available: education materials, including the fact sheet *Kidney Disease* of *Diabetes* and the booklet *End-Stage Renal Disease: Choosing a Treatment That's Right for You*; literature searches on a number of topics related to kidney and urologic diseases; and *Research Updates in Kidney and Urologic Health*, a semiannual newsletter.

National Kidney and Urologic Diseases

Information Clearinghouse

3 Information Way

Bethesda, MD 20892-3580 Toll free: 1-800-891-5390

Tel: 301-654-4415 Fax: 301-907-8906

E-mail: nkudic@info.niddk.nih.gov

www.niddk.nih.gov/health/kidney/nkudic.htm

National Oral Health Information Clearinghouse (NOHIC)

The NOHIC serves as a resource for patients, health professionals, and the public who seek information on the oral health of special care patients. These include people with genetic or systemic disorders that compromise oral health, people whose medical treatment causes oral problems, and people with mental or physical disabilities that make dental hygiene difficult. A service of the National Institute of Dental and Craniofacial Research, NOHIC gathers and disseminates information from many sources,

including voluntary health organizations, educational institutions, government agencies, and industry.

NOHIC provides a variety of services to help patients and professionals obtain information including patient education materials and literature searches. *OH Notes* is NOHIC's newsletter, which is published annually.

National Oral Health Information Clearinghouse

1 NOHIC Way

Bethesda, MD 20892-3500

Tel: 301-402-7364 Fax: 301-907-8830

E-mail: nohic@nidcr.nih.gov www.nohic.nidcr.nih.gov

Office of Minority Health (OMH) Resource Center

The OMH works to improve the health of racial and ethnic populations through the development of health policies and programs. OMH is the largest resource and referral service on minority health in the Nation.

OMH offers information, publications, mailing lists, database searches, referrals, and more for African-American, Asian, Hispanic/Latino, Native American/Alaska Native, and Pacific Islander populations. OMH-RC publishes the newsletter, *Closing the Gap* and *Pocket Guide to Minority Health Resources*.

Office of Minority Health Resource Center

P.O. Box 37337

Washington, DC 20013-7337 Toll free: 1-800-444-6472

Fax: 301-230-7198 Email: <u>info@omhrc.gov</u>

www.omhrc.gov/OMHRC/index.htm

Rural Information Center (RIC)

The Rural Information Center provides information and referral services for rural communities, officials, organizations and citizens.

Rural Information Center National Agricultural Library, Room 304 10301 Baltimore Ave. Beltsville, MD 20705-2351 Toll free: 1-800-633-7701 Email: <u>ric@nal.usda.gov</u> www.nal.usda.gov/ric/

Veterans Health Administration (VHA)

The VHA's Diabetes Program offers a variety of diabetes resources for veterans and health professionals, including Diabetes Clinical Practice Guidelines. It is a comprehensive evidence-based document that incorporates information from several existing, national consensus, evidence-based guidelines.

Veterans Health Administration 810 Vermont Avenue, NW Washington, DC 20420

Tel: 202-273-5400

www.va.gov/diabetes/index.cfm

Wisconsin Bureau of Aging and Long Term Care

The Bureau of Aging and Long Term Care in the Division of Disability & Elder Services, Department of Health and Family Services is responsible for analyzing public policy options for planning and managing the delivery of home and community based services for persons who are elderly and persons with physical disabilities.

The Bureau administers programs required under the Older Americans Act and the Wisconsin Elder Act and coordinates and manages the Community Options Program, home and community based waiver programs, the Independent Living Centers and WisTech.

Bureau of Aging & Long Term Care Resources 1 W. Wilson St. Rm 450

Madison, WI 53703 Tel: 608-266-2536 Fax: 608-267-3203

www.dhfs.state.wi.us/aging/index.htm

Wisconsin Bureau for the Blind

The Bureau for the Blind in the Division of Disability & Elder Services, Department of Health and Family Services, is dedicated to serving people who have vision loss. For those persons who meet the eligibility requirements, the services Continued on next page...

of field based personnel assistant will be provided to help in the management of everyday tasks including household tasks, communications, travel, and leisure activities. Counseling and support groups are also available.

Bureau for the Blind P.O. Box 7851 1 W. Wilson B-275 Madison, WI 53701 Toll free: 888-879-0017

Tel: 608-266-3109 Fax: 608-266-3256

www.dhfs.state.wi.us/blind

Wisconsin Cardiovascular Health Program NEW ADDITION!

The Cardiovascular Health Program is a new program in the Bureau of Chronic Disease Prevention & Health Promotion, Division of Public Health, Department of Health and Family Services funded by the Centers for Disease Control. The overall purpose of the Program is to reduce the burden of cardiovascular disease statewide. The four main goals are scientific capacity and epidemiology, environmental and policy strategies, community involvement and statewide coordination.

Cardiovascular Health Program Mary Jo Brink, MS, RN, Coordinator Division of Public Health 1 W. Wilson, Room 218 PO Box 2659 Madison, WI 53701-2659

Tel: 608-266-3702 Fax: 608-266-8925

Email: brinkmj@dhfs.state.wi.us

Wisconsin Comprehensive Tobacco Prevention & Control Program NEW ADDITION!

The Comprehensive Tobacco Prevention & Control Program is part of the Bureau of Chronic Disease Prevention & Health Promotion, Division of Public Health, Department of Health & Family Services. The purpose of the Program is to reduce the leading cause of chronic disease—tobacco use. The Tobacco Control Program coordinates a comprehensive, statewide effort, with multiple

partnerships at the local, state and national level and also coordinates the activities and materials for the Thomas T. Melvin Youth Tobacco Prevention and Education Program..

Wisconsin Comprehensive Tobacco Prevention & Control Program

Division of Public Health

PO Box 2659

Madison, WI 53701-2659 Phone: (608) 266-8526 Fax: (608) 266-8925

www.dhfs.state.wi.us/health/TobaccoControl/inde

x.htm

Wisconsin Diabetes Prevention and Control Program (DPCP)

The Wisconsin Diabetes Prevention and Control Program, in the Bureau of Chronic Disease Prevention & Health Promotion, Division of Public Health, Department of Health & Family Services, funded by the Centers for Disease Control, is taking a statewide approach to improve diabetes care in Wisconsin. The approach focuses on Health Systems, Community Interventions, Health Communications, Surveillance and Evaluation and Statewide Coordination.

Resources available include: The 2000 Burden of Diabetes in Wisconsin, Essential Diabetes Mellitus Care Guidelines, Personal Diabetes Care Record (English, Spanish and Hmong), Take Control of Your Diabetes brochure (English and Spanish), Diabetes Resource Guide, Children with Diabetes: A Resource Guide for Wisconsin Schools and Families, and the Wisconsin Collaborative Diabetes Quality Improvement Project Report.

Diabetes Prevention and Control Program Pat Zapp, Program Director Division of Public Health 1 W. Wilson, Rm 218

P.O. Box 2659

Madison, WI 53701-2659

Tel: 608-261-6871 Fax: 608-266-8925

E-Mail: zapppa@dhfs.state.wi.us

 $\underline{www.dhfs.state.wi.us/health/diabetes/index.htm}$

Wisconsin Immunization Program NEW ADDITION!

The Immunization Program, in the Bureau of Communicable Diseases, Division of Public Health, Department of Health and Family Services, maintains a website that contains a variety of information including links to other pages and sites. Information includes news, requirements, vaccine information/schedules, resources, and other related links.

Wisconsin Immunization Program www.dhfs.state.wi.us/immunization

Wisconsin Minority Health Program NEW ADDITION!

The Minority Health Program in the Office of Public Health Improvement, Division of Public Health, is the primary point of contact on minority health for the Department of Health and Family Services and develops initiatives to advance the health of racial and ethnic minority communities in Wisconsin. The Minority Health Program advises governmental programs at the federal, state, and local levels and collaborates with community-based organizations, tribal organizations, and other public and private sector partners working with minority populations.

Wisconsin Minority Health Program Denise Carty, MA, MS, RN Minority Health Officer Wisconsin Minority Health Program Division of Public Health 1 W. Wilson, Room 250 P.O. Box 2659 Madison, WI 53701-2659

Tel: 608-267-2173 Fax: 608-267-2832

Email: cartydc@dhfs.state.wi.us

www.dhfs.state.wi.us/Health/MinorityHealth/inde

x.htm

Wisconsin Program for Children With Special Health Care Needs

The Children with Special Health Care Needs Program in the Bureau of Family & Community Health, Division of Public Health, Department of Health & Family Services provides consultation assistance for families of children who have chronic illnesses or disabilities and have special health care needs.

Department of Health and Family Services Division of Public Health Children with Special Health Care Needs Program 1 W. Wilson St, Room 351

Toll free: 1-800-441-4576

Tel: 608-267-9184 Fax: 608-267-3824

Madison, WI 53703

www.dhfs.state.wi.us/DPH BFCH/cshcn/index.htm

Wisconsin Public Health and Health Policy Institute NEW ADDITION!

The Institute serves as a focal point for applied public health and health policy within the University of Wisconsin-Madison Medical School as well as a bridge to public health and health policy practitioners in the state. Research and education opportunities are offered as well as publications and reports.

Wisconsin Public Health and Health Policy Institute
Department of Population Health Sciences
7th Floor WARF Building
610 Walnut St.
Madison, WI 53705
http://www.pophealth.wisc.edu/wphi

Programs and Initiatives

5 A Day for Better Health Program	21
Diabetesatwork.org NEW ADDITION!	
Diabetes Prevention Program	21
Feet Can Last a Lifetime: Footcare Kit for Diabetes	
The LEAP (Lower Extremity Amputation Prevention) Program NEW ADDITION!	21
National Cholesterol Education Program	22
National Diabetes Education Initiative (NDEI)	
National Diabetes Education Program (NDEP)	
National Eye Health Education Program (NEHEP) NEW ADDITION!	
National Glycohemoglobin Standardization Program (NGSP) NEW ADDITION!	
National High Blood Pressure Education Program (NHPPEP) NEW ADDITION!	
National Kidney Disease Education Program (NKDEP) NEW ADDITION!	23
Obesity Education Initiative (OEI) NEW ADDITION!	23
President's Council on Physical Fitness & Sports	
Sharps Disposal	
Weight-control Information Network (WIN)	
Wisconsin Child Alert Program NEW ADDITION!	

5 A Day for Better Health Program

The 5 A Day for Better Health Program is a national nutrition campaign to encourage Americans to eat 5 or more servings of fruits and vegetables each day for better health. Consumers and professionals can obtain printed 5 A Day materials, a listing of research publications, answers to common questions, and referrals to cancer-related community services. Health professionals who want multiple copies of 5 A Day materials for programs/activities should contact their State 5 A Day Program Coordinator.

National 5 A Day Program National Cancer Institute 6130 Executive Blvd., EPN 232 Bethesda, MD 20892-7332 Tel: 301-496-8520

Fax: 301-480-6637 www.5aday.gov

Kimberly K. Swanson, RD, CD State of Wisconsin 5 A Day Program Coordinator Department of Health and Family Services Division of Public Health 1 W. Wilson Street, Room 243 P.O. Box 2659 Madison, WI 53701-2659

Tel: 608-266-9824 Fax: 608-266-3125

E-mail: swanskk@dhfs.state.wi.us

Diabetesatwork.org NEW ADDITION!

This online diabetes and health resource kit will help businesses and managed care companies to assess the impact of diabetes in the workplace. It also provides easy-to-understand information for employers to help their employees manage their diabetes and take steps toward reducing the risk for diabetes-related complications such as heart disease. Employees with diabetes or those who have friends and family members with diabetes can also use this resource as it provides more than 20 fact sheets on diabetes-related health issues.

Business and Managed Care Diabetes and Health Resource Kit www.diabetesatwork.org

Diabetes Prevention Program

The Diabetes Prevention Program (DPP) was the first nationwide research study designed to find out whether Type 2 diabetes can be prevented through diet and exercise, or medication. The DPP study is sponsored by the National Institute of Diabetes and Digestive and Kidney Diseases (part of the National Institutes of Health) and was administered at 27 medical centers across the country. In addition to information on the study and the results, fact sheets of diabetes information for specific populations and statistical summaries are available from the website.

www.preventdiabetes.com/sitemap.html

Feet Can Last a Lifetime: Foot Care Kit for Diabetes NEW ADDITION!

A foot care campaign under the National Diabetes Education Program. Materials available include a kit for healthcare professionals and one for patients. Exam room flyers, tip sheets and other materials are also available.

Feet Can Last a Lifetime www.ndep.nih.gov/materials/pubs/feet/feet.htm

The LEAP (Lower Extremity Amputation Prevention) Program

A comprehensive prevention program developed at the Bureau of Primary Health Care that can dramatically reduce lower extremity amputations in individuals with diabetes mellitus, Hansen's disease, or any condition that results in loss of protective sensation in the feet. The LEAP Program consists of five relatively simple activities including annual foot screening, patient education, daily self-inspections of the foot, appropriate footwear selection, and management of simple foot problems. Materials are available for professionals and their patients.

Lower Extremity Amputation Prevention Program Bureau of Primary Health Care (BPHC) Division of Programs for Special Populations 4350 East West Hwy, 9th Floor Bethesda, MD 20814

Toll free: 1-888-275-4772 www.bphc.hrsa.gov/leap

National Cholesterol Education Program (NCEP)

The NCEP is sponsored by the National Heart, Lung, and Blood Institute (NHLBI) of the National Institutes of Health (NIH). Through educational efforts directed at health professionals and the public, the NCEP aims to raise awareness and understanding about high blood cholesterol as a risk factor for coronary heart disease and the benefits of lowering cholesterol levels as a means of preventing coronary heart disease.

A wide variety of publications are available for patients, the general public, and health professionals. Many materials are available online and may be downloaded or printed materials can be ordered.

National Cholesterol Education Program Information Center P.O. Box 30105 Bethesda, MD 20824-0105

Tel: 301-592-8573

www.nhlbi.nih.gov/about/ncep

National Diabetes Education Initiative (NDEI)

The NDEI is an online, multi-component educational program on type 2 diabetes designed for healthcare professionals. The NDEI develops programs that address the spectrum of type 2 diabetes, including its epidemiology and pathophysiology as well as therapeutic options and prevention. NDEI also provides healthcare professionals with updated diabetes data and research information through a variety of media and offers seminars and conferences.

National Diabetes Education Initiative www.ndei.org

National Diabetes Education Program (NDEP)

The NDEP is a joint initiative sponsored by the National Institute of Diabetes, Digestive and Kidney Diseases (NIDDK) of the National Institutes of Health (NIH) and the Centers for Disease Control and Prevention (CDC) that involves public and private partners. The program's purpose is to improve the treatment and

outcomes for people with diabetes, to promote early diagnosis, and ultimately to prevent the onset of diabetes.

A wide variety of materials are offered for both patients and health professionals, many are also available in Spanish. Materials and media kits are also available for organizations wishing to join the campaign, and a special package of materials is available for businesses. Among the newest materials developed are for the Diabetes Prevention Campaign: *Small Steps. Big Rewards. Prevent Type 2 Diabetes* and resources on diabetes in children and adolescents.

National Diabetes Education Program Division of Diabetes Translation Centers for Disease Control and Prevention 4770 Buford Hwy, NE, K-10 Atlanta, GA 30341-3717

Toll free: 1-800-438-5383 (free sample materials)

Tel: 770-488-5037 Fax: 770-488-5966 http://www.ndep.nih.gov

National Eye Health Education Program (NEHEP) NEW ADDITION!

A program developed by the National Eye Institute. The NEHEP promotes public and professional awareness of the importance of early diagnosis and treatment of diabetic eye disease.

National Eye Health Education Program 2020 Vision Place

Bethesda, MD 20892-3655 Toll free: 1-800-869-2020 Tel: 301-496-5248

Email: nehep@nei.nih.gov

http://www.nei.nih.gov/nehep/index.htm

National Glycohemoglobin Standardization Program (NGSP) NEW ADDITION!

The program's mission is to standardize glycohemoglobin test results so that clinical laboratory results are comparable to those reported in the Diabetes Control and Complications Trial (DCCT), where relationships to mean blood glucose and risk for vascular complications have been established.

Natl. Glycohemoglobin Standardization Program Randie R. Little, Ph.D., Network Coordinator Department of Child Health, M772 University of Missouri School of Medicine 1 Hospital Drive Columbia, MO 65212

Tel: 573-882-1257 Fax: 573-884-4748

Email: diabetes@showme.missouri.edu www.missouri.edu/~diabetes/ngsp.html

National High Blood Pressure Education Program (NHBPEP) NEW ADDITION!

The NHBPEP is administered and coordinated by the National Heart, Lung, and Blood Institute (NHLBI). The goal of the NHBPEP is to reduce death and disability related to high blood pressure through programs of professional, patient, and public education.

NHLBI Information Center

Attn: Website P. O. Box 30105

Bethesda, MD 20824-0105

Tel: 301-592-8573 Fax: 301-592-8563

http://www.nhlbi.nih.gov/about/nhbpep/index.htm

National Kidney Disease Education Program (NKDEP) NEW ADDITION!

The NKDEP is a program of the National Institutes of Health to reduce the deaths and disabilities from kidney disease and its complications. Kidney disease information is available for both patients and health professionals.

Natl. Kidney Disease Education Program
Office of Communications and Public Liasion
NIDDK, NIH
Building 31, Room 9A06
31 Center Drive, MSC2560
Bethesda, MD 20892-2560
www.nkdep.nih.gov

Obesity Education Initiative (OEI) NEW ADDITION!

The overall purpose of the initiative is to help reduce the prevalence of overweight along with the prevalence of physical inactivity in order to reduce the risk of coronary heart disease (CHD) and overall morbidity and mortality from CHD. Information is available on the OEI's programs as well as health information for professionals and patients.

NHLBI Information Center

Attn: Website P. O. Box 30105

Bethesda, MD 20824-0105

Tel: 301-592-8573 Fax: 301-592-8563

www.nhlbi.nih.gov/about/oei/index.htm

President's Council on Physical Fitness and Sports

The President's Council on Physical Fitness and Sports serves as a catalyst to promote, encourage and motivate Americans of all ages to become physically active and participate in sports. The President's Council initiates and administers programs, often in partnership with other groups, which reach individual people in schools, homes, workplaces and communities. Fact sheets, reports and resources are available.

President's Council on Physical Fitness & Sports

Department W

200 Independence Ave., SW

Room 738-H

Washington, DC 20201-0004

Tel: 202-690-9000 Fax: 202-690-5211 www.fitness.gov

Sharps Disposal

The Waste Management Program of the Wisconsin Department of Natural Resources maintains information on their website regarding proper sharps disposal including FAQ's, publications and contacts.

Waste Management Program www.dnr.state.wi.us/org/aw/wm/medinf

Weight-control Information Network (WIN)

The Weight-control Information Network (WIN) is a national information service of the National Institute of Diabetes and Digestive and Kidney Diseases (NIDDK), National Institutes of Health (NIH). WIN was established in 1994 to provide health professionals and consumers with science-based information on obesity, weight control, and nutrition.

Materials available include fact sheets, brochures, reprints, conference and workshop proceedings, and lecture videos. WIN's newsletter, *WIN Notes*, is published quarterly and provides health professionals with the latest research findings and progress about the WIN program. WIN also has a media based program targeting African American women.

Weight-control Information Network (WIN)

1 WIN Way

Bethesda, MD 20892-3665 Toll free: 1-877-946-4627

Tel: 202-828-1025 Fax: 202-828-1028

E-mail: win@info.niddk.nih.gov

www.niddk.nih.gov/health/nutrit/win.htm

Wisconsin Child Alert Program NEW ADDITION!

The Child Alert Program is part of the EMS for Children Program in the Bureau of Emergency Medical Services & Injury Prevention, Division of Public Health, Department of Health and Family Services. The goal of the Child Alert Program is to develop a statewide system of access improving the preparation of pre-hospital and emergency care for children with special health care needs.

Wisconsin Child Alert Program Mary Jean Erschen

Tel: 608-266-7457

Email: erschmj@dhfs.state.wi.us

www.dhfs.state.wi.us/DPH_EMSIP/InjuryPrevent

ion/emsc/index.htm

Financial Resources

Advocacy & Benefits Counseling for Health, Inc. (ABC)	26
BadgerCare	26
Directory of Prescription Drug Patient Assistance Programs	26
Eye Care America's Diabetes EyeCare Program (DEP) NEW ADDITION!	26
Great Lakes Inter-Tribal Council, Inc. (GLITC)	27
Health Insurance Risk Sharing Plan (HIRSP)	27
Needy Meds.com NEW ADDITION!	27
Medicare Diabetes Self-Management Training &	
Medical Nutrition Therapy Benefits: A Web-Based Resource NEW ADDITION!	27
Nonprofit Warehouse NEW ADDITION!	
Orange Card from GlaxoSmithKline NEW ADDITION!	28
Rx Assist NEW ADDITION!	
Share Card Program from Pfizer NEW ADDITION!	28
Together Rx Program NEW ADDITION!	28
Wisconsin SeniorCare NEW ADDITION!	28
WisconCare	29
Wisconsin Chronic Disease Program	29
Wisconsin Council of the Blind	29
Wisconsin Lions Foundation	29
Other Referral and Support Resources	29
Civic groups and community organizations	29
Community Health Centers	30
County/Tribal Elderly Benefit Services	30
County Human/Social Services	30
County/Tribal Aging Offices	30
Local public health departments	30
Medigap	

Advocacy & Benefits Counseling for Health, Inc. (ABC)

ABC is a nonprofit public interest law firm dedicated to ensuring health care access for children and families, particularly those with special needs or who are at risk. It provides free health benefits counseling and legal services for low-income families with children up to 21 years of age who are having difficulty paying for health care or having problems with insurance, HMOs or public benefits programs that provide health care.

Madison Office ABC for Health, Inc. 152 West Johnson Street, Suite 200 Madison, WI 53703-2213

Tel: 608-261-6939

Toll free (outside Dane Co.) 1-800-585-4222

Fax: 608-261-6938

Email: info@safetyweb.org

www.safetyweb.org

Barron County ABC for Health, Inc. 1443 East Division Barron, WI 54812 Tel: 715-537-3471 Fax: 715-537-6274

Polk County ABC for Health, Inc. 300 Polk County Plaza Balsam Lake, WI 54810

Tel: 715-485-8525 Fax: 715-485-8501

BadgerCare

BadgerCare is Wisconsin's state program to provide health insurance for uninsured working families, managed by the Division of Healthcare Financing, Department of Health & Family Services. The program insures both children and their parents and is intended to fill gaps between Medicaid and private health insurance. To be eligible one must have children under age 19 living with them, their income must be within the guideline limits, and they cannot be covered by other health insurance.

BadgerCare Hotline Toll free: 1-800-362-3002 www.dhfs.state.wi.us/badgercare

Directory of Prescription Drug Patient Assistance Programs

To make it easier for physicians to identify the growing number of programs available for needy patients, member companies of the Pharmaceutical Research and Manufacturers of America (PhRMA) created this directory. It lists company programs that provide drugs to physicians whose patients could not otherwise afford them. Only companies who are members of PhRMA are listed.

Information is available about each program from PhRMA's website. A copy of the directory, in Adobe Acrobat format, can also be downloaded and printed.

Directory of Prescription Drug Patient Assistance Programs www.helpingpatients.org

Eye Care America's Diabetes EyeCare Program (DEP) NEW ADDITION!

The Diabetes EyeCare Program (DEP) is a service of Eye Care America, the Foundation of the American Academy of Ophthalmology. The DEP promotes annual, dilated eye exams for people with diabetes. DEP raises awareness about diabetic eye disease, including diabetic retinopathy, provides free diabetic eye disease educational materials and facilitates access to eye care. People eligible for a referral through the program receive a comprehensive, medical eye exam and up to one year of treatment—at no out-of-pocket expense—for any condition diagnosed during the initial exam. Volunteer ophthalmologists accept Medicare and/or other insurance reimbursement as payment in full.

Eye Care America 655 Beach St. San Francisco, CA 94109-1336 Toll free: 1-800-272-3937

Fax: 415-561-8567 www.eyecareamerica.org

Great Lakes Inter-Tribal Council, Inc. (GLITC)

GLITC is a private not for profit consortium that assists Native Americans in Wisconsin with health and social services.

Great Lakes Inter-Tribal Council, Inc.

PO Box 9

Lac du Flambeau, WI 54538

Tel: 715-588-3324 Fax: 715-588-7900 Email: glitc@glitc.org

www.glitc.org http://glitc.bfm.org

Health Insurance Risk Sharing Plan (HIRSP)

The Wisconsin Health Insurance Risk Sharing Plan (HIRSP), managed by the Division of Healthcare Financing, Department of Health & Family Services, offers health insurance to Wisconsin residents who either are unable to find adequate health insurance coverage in the private market due to their medical conditions or who have lost their employer-sponsored group health insurance. Applicants are required to meet HIRSP eligibility criteria to qualify.

Health Insurance Risk Sharing Plan 6406 Bridge Road, Suite 18 Madison, WI 53784-0018 Toll free: 1-800-828-4777

Tel: 608-221-4557

www.dhfs.state.wi.us/hirsp/index.htm

NeedyMeds.com NEW ADDITION!

This website offers a complete listing of patient assistance programs for prescription drugs. Information is frequently updated and obtained directly from the drug manufacturers. Both patients and health professionals can obtain information from the site. Health professionals have an option to purchase a manual with the information from the website.

NeedyMeds Website www.needymeds.com

Medicare Diabetes Self-Management Training and Medical Nutrition Therapy Benefits: A Web-Based Resource NEW ADDITION!

This web-based resource is a joint project between the Diabetes Care and Education (DCE) dietetic practice group of the American Dietetic Association, the American Diabetes Association (ADA), the American Association of Diabetes Educators (AADE), and the American Dietetic Association (ADtA).

These resources explain the details of Medicare's recently updated Part B benefits for diabetes self-management training and medical nutrition therapy. Similar information appears on each association's Web site.

ADA: www.diabetes.org

(search for Diabetes Part B Medicare Benefits)

AADE: www.aadenet.org (click on Govt. Relations)
ADtA: www.eatright.org

(search for Diabetes Part B Medicare Benefits)

DCE: www.dce.org

(scroll down the homepage)

Nonprofit Warehouse NEW ADDITION!

Nonprofit Warehouse.com is an online service that provides products for nonprofit organizations. Their goal is to bring non-profit manufacturers and selected low cost suppliers together with non-profit organizations in a common place for the mutual benefit of the people they serve.

Included among a variety of products and programs is the free **Prescription Drug Discount Card**. The Card is available for free to any organization, government agency, religious organization, or commercial support organization for distribution to any individual that does not have a prescription drug benefit. There are no age or income restrictions and no registration requirements. With the Card a person will be able to purchase their prescriptions at or below wholesale prices at any Kmart Pharmacy. There is also a mail order program available for individuals who do not have a Kmart Pharmacy located near them.

Continued on next page...

The card can be printed directly from their website and photocopied, if needed.

Nonprofit Warehouse P O Box 680396 Marietta, GA 30068 Tel: 770-541-7777

Fax: 770-541-1122

Email: customerservice@nonprofitwarehouse.com

www.nonprofitwarehouse.com

Orange Card from GlaxoSmithKline NEW ADDITION!

The Orange Card is a discount prescription drug card offered by GlaxoSmithKline to help seniors and other Medicare eligible with limited incomes. Participants will realize an average savings of 30% off the usual price they pay for outpatient GlaxoSmithKline medicines. Eligible participants must be a senior or other person eligible for Medicare; have an annual income at or below 300% of federal poverty levels; and must have no private or public insurance coverage for prescription medicines.

Orange Card from GlaxoSmithKline Toll free: 1-888-672-6436

RxAssist NEW ADDITION!

RxAssist provides physicians and other health care providers with the information they need to access patient assistance programs offered through pharmaceutical manufacturers. Providers can search programs by company, brand name, generic name, and drug class. Downloadable information is also available for patients describing options for prescription assistance. The site also links to State programs and drug discount card programs.

RxAssist www.rxassist.org

Share Cardä **Program from Pfizer** NEW ADDITION!

The Share Care Program is a drug benefit program for low income Medicare patients. The Program offers three benefits including (1) \$15 prescriptions for each Pfizer prescription (up to a

30 day supply); (2) health information; and (3) toll-free live assistance. There is no fee to apply for the Program but applicants must meet the following criteria: (1) be enrolled in Medicare (2) have no prescription drug coverage (3) have an annual gross income of less than \$18,000 per individual; \$24,000 per couple.

Share Card Program from Pfizer Toll free: 1-800-717-6005 www.pfizerforliving.com

Together Rxä **Program** NEW ADDITION!

Together Rx is a prescription savings card program for Medicare patients with no prescription drug coverage. A group of seven pharmaceutical companies offer the card with different drugs covered by each company. Applicants must meet income requirements. Applications can be downloaded from the website.

Together Rx Program
Toll free: 1-800-865-7211
www.together-rx.com

Wisconsin SeniorCare NEW ADDITION!

Managed by the Division of Healthcare Financing, Department of Health & Family Services, SeniorCare is Wisconsin's prescription drug assistance program for Wisconsin residents who are 65 years of age or older and who meet eligibility requirements. Eligibility requirements include: (1) must be a Wisconsin resident; (2) must be 65 years of age or older; (3) must pay a \$20 annual enrollment fee per person; (4) only income is measured (assets, such as bank accounts, insurance policies, home property, etc., are not counted). Individuals with prescription drug coverage under other plans will be eligible to enroll, but SeniorCare will only cover eligible costs not covered under other plans. Individuals enrolled in Medicaid are not eligible.

All seniors will be subject to certain out-of-pocket expense requirements depending on their annual income. There are different expense requirements and benefits based on the senior's income and their spouse's income, if the couple lives together.

Wisconsin SeniorCare

Contact your county or tribal aging office (www.dhfs.state.wi.us/aging/contacts/COAGOF.HTM) or call

Toll free SeniorCare Customer Service Hotline: 1-800-657-2038 (TTY and translations services available).

www.dhfs.state.wi.us/seniorcare/index.htm

WisconCare

The WisconCare Program (available only in 17 Wisconsin counties) is designed to help people with their health care needs while temporarily disadvantaged by unemployment or minimal employment. Applicants may be eligible if (1) their gross family income is equal to or less than the WisconCare income levels; and (2) they are unemployed or working less than 25 hours per week. The program may cover insulin drugs and diabetic supplies in addition to other outpatient services and inpatient maternity care.

WisconCare P.O. Box 6126 Madison, WI 53716-0126

Tel: 608-221-3815

Wisconsin Chronic Disease Program

Managed by the Division of Healthcare Financing, Department of Health & Family Services, the Wisconsin Chronic Disease Program (WCDP) offers assistance to Wisconsin residents with chronic renal disease, hemophilia and adult cystic fibrosis. The WCDP is funded entirely by state dollars. The program pays health care providers for disease related services and supplies provided to certified Wisconsin Chronic Disease Program recipients after all other sources of payment have been exhausted.

Chronic Disease Program recipients are responsible for certain co-payments and annual deductibles determined by the program. Recipients whose annual income exceeds 300% of the federal poverty level must pay a certain percent of out-of-pocket expense before becoming eligible to receive WCDP benefits. The state seeks repayment of WCDP benefits provided to recipients under the Estate Recovery Program.

Wisconsin Chronic Disease Program Tel: 608-266-2469

www.dhfs.state.wi.us/wcdp

Wisconsin Council of the Blind

The Wisconsin Council of the Blind is a private, not-for-profit agency that serves the blind and visually impaired of Wisconsin. Activities include legislative and administrative advocacy and public education and referral. Services include low vision evaluations, rehabilitation teaching, low interest loans, and scholarships. The Council also sells a variety of vision assistance products at low cost to people who are blind or have low vision. Some items may be available on loan for a trial basis before purchase.

Wisconsin Council of the Blind 754 Williamson St. Madison, WI 53703 Toll free: 1-800-783-5213

Tel: 608-255-1166 Fax: 608-255-3301 Email: <u>info@wcblind.org</u>

www.wcblind.org

Wisconsin Lions Foundation. Inc.

The mission of the Wisconsin Lions Foundation, Inc. is to provide a vehicle for the Lions, Lioness, and Leo Clubs to work together towards a common cause, a vision, or a project while servicing the residents of Wisconsin. The Lions Club is a service organization, whose purpose is to provide help to people who need financial assistance, especially for services related to vision.

Wisconsin Lions Foundation Office Executive Administrator 3834 County A Rosholt, WI 54473

Toll free: 1-877-463-6953

Tel: 715-677-4969 Fax: 715-677-4527 Email: wlf@wi-net.com

www.wlf.info

Other Referral and Support Resources

Civic groups and community organizations

See your local telephone directory for the Salvation Army, United Way, Lutheran Social Services, Jewish Social Services, and Associated Catholic Charities.

Community Health Centers

Provide access to comprehensive communityoriented primary health care services for medically underserved communities in Wisconsin. See Appendix B for a complete listing of Wisconsin's Health Centers.

County/Tribal Elderly Benefit Specialists

Provide older persons (60+) with assistance in securing and maintaining private or government benefits. Listing at: www.dhfs.state.wi.us/aboutdhfs/osf/AreaAdm/osf-wi-contact.htm

County Human/Social Services

Medical assistance, food stamps, information and referral. Listing at: www.dhfs.state.wi.us/aboutdhfs/osf/AreaAdm/osf-wi-contact.htm

County/Tribal Aging Offices

Can answer questions about needs, services and opportunities for older persons in their communities. Listing at: www.dhfs.state.wi.us/aging/contacts/COAGOF.H TM

Local public health departments

Information & referral; linkage to services. See listing for county and/or city of residence.

Medigap

Medigap is private health insurance that supplements Medicare's benefits by filling in some of the gaps in Medicare coverage. A booklet entitled *Medicare Supplement Insurance Approved Polices*, which describes individual Medigap insurance policies currently being sold in Wisconsin, may be obtained from:

Office of the Commissioner of Insurance P.O. Box 7873 Madison, WI 53707-7873.

Toll free Medigap Helpline: 1-800-242-1060

Help Lines

American Association of Retired Persons (AARP) Member Services .	1-800-424-3410
American Dietetic Association Nutrition Information Line	1-800-366-1655
Board on Aging & Long Term Care Medigap Helpline	1-800-242-1060
Insurance Commissioner	1-800-236-8517
Medical Assistance (Medicaid & BadgerCare)	1-800-888-7989
Medicare	1-800-944-0051
Medicare Information National Telephone Hotline	1-800-633-4227
National Hispanic Family Health Helpline (Bi-Lingual) "Su Familia"	1-866-783-2645
National Immunization Hotline (English)	1-800-232-2522
National Immunization Hotline (Spanish)	1-800-232-0233
SeniorCare Customer Service Hotline	1-800-657-2038
Social Security Offices in WI	1-800-772-1213
Tobacco Quit Line (Wisconsin)	.1-877-270-STOP
Veterans Benefits	1-800-827-1000
Wisconsin Women's Health Hotline	1-800-218-8408

Additional Internet Resources

Government	
Professional/Consumer Associations	
Scientific Journals	
Universities, Research Centers, and Medical Facilities	
Other Diabetes-Related Web Sites.	
Research	
Guidelines	
Nutrition & Physical Activity	
Weight Management	
General Diabetes Knowledge & Management	
Non-English Language Materials and Information	
Other	

NOTE: The internet addresses listed in this section are not listed in the other sections of the resource guide. Please see the previous sections for internet addresses of specific organizations, agencies, etc.

Government

Administration on Aging www.aoa.dhhs.gov

Agency for Healthcare Research & Quality www.ahrq.gov

Centers for Disease Control and Prevention (CDC) www.cdc.gov

Centers for Medicare and Medicaid Services (CMS) www.cms.hhs.gov

Combined Health Information Database (CHID) www.chid.nih.gov NEW ADDITION!

Healthfinder.gov NEW ADDITION! www.healthfinder.gov

Healthier US NEW ADDITION! www.healthierus.gov

Healthiest Wisconsin 2010 NEW ADDITION! www.dhfs.state.wi.us/Health/StateHealthPlan

Healthy People 2010 www.healthypeople.gov

National Health Information Center www.health.gov/nhic

The National Center for Health Statistics (NCHS) www.cdc.gov/nchs

National Institute of Dental and Craniofacial Research (NIDCR) www.nidr.nih.gov

National Institutes of Health www.nih.gov

U.S. Department of Health and Human Services www.hhs.gov

U.S. National Library of Medicine (NLM) www.nlm.nih.gov

Wisconsin Department of Health & Family Services www.dhfs.state.wi.us

Wisconsin Health Statistics NEW ADDITION! www.dhfs.state.wi.us/stats/index.htm

Professional/Consumer Associations

American Academy of Family Physicians www.aafp.org

Wisconsin Academy of Family Physicians www.wafp.org

American Academy of Ophthalmology www.eyenet.org

Wisconsin Academy of Ophthalmology www.midwesteyemd.org/wisconsin

American Academy of Pediatrics www.aap.org

American Academy of Periodontology www.perio.org

American Association of Clinical Endocrinologists (AACE) www.aace.com

American Dental Association www.ada.org

Wisconsin Dental Association www.wda.org

American Medical Association www.ama-assn.org

American Nurses Association www.nursingworld.org

Wisconsin Nurses Association www.wisconsinnurses.com

American Optometric Association www.aoanet.org

Wisconsin Optometric Association www.woa-eyes.org

American Podiatric Medical Association (APMA) www.apma.org

Wisconsin Society of Podiatric Medicine www.wisconsinpodiatrist.com

American Public Health Association (APHA) www.apha.org

Wisconsin Public Health Association (WPHA) www.wpha.org

Association of American Indian Physicians NEW ADDITION! www.aaip.com

Consumer Healthcare Products Association www.chpa-info.org

Endocrine Society NEW ADDITION! www.endo-society.org

National Kidney Foundation www.kidney.org/

National Kidney Foundation of Wisconsin www.kidneywi.org

National Mental Health Association www.nmha.org

Pedorthic Footwear Association NEW ADDITION! www.pedorthics.org

Pharmacy Society of Wisconsin www.pswi.org

Wisconsin Medical Society www.wisconsinmedicalsociety.org

Scientific Journals

American Journal of Kidney Diseases www.ajkd.org

American Journal of Public Health www.ajph.org

Archives of Internal Medicine http://archinte.ama-assn.org

British Medical Journal http://bmj.org
Diabetes Care

http://care.diabetesjournals.org

Diabetes Spectrum

http://spectrum.diabetesjournals.org

Journal of the American Medical Association (JAMA) http://jama.ama-assn.org

Journal of Family Practice www.jfampract.com

Morbidity & Mortality Weekly Report www.cdc.gov/mmwr

New England Journal of Medicine www.nejm.org

Universities, Research Centers, and Medical Facilities

Diabetes Research Institute www.drinet.org

Emory University Health Sciences Center Library, MedWeb

www.medweb.emory.edu

University of Pittsburgh School of Public Health Diabetes Health Economics Study Group www.pitt.edu/~tjs/diabecon.html

University of Wisconsin-Madison Wisconsin Public Health and Health Policy Institute www.pophealth.wisc.edu/wphi/

Other Diabetes-Related Web Sites

Research

CenterWatch: Clinical Trials Listing Service www.centerwatch.com/

Diabetes Control and Complications Trial (DCCT) www.niddk.nih.gov/health/diabetes/pubs/dcct1/dcct.htm

Diabetes Prevention Trial—Type 1 www.niddk.nih.gov/patient/dpt_1/dpt_1.htm

Guidelines

Clinical Guidelines on the Identification, Evaluation, and Treatment of Overweight and Obesity in Adults www.nhlbi.nih.gov/guidelines/obesity/ob_home.htm

Compendium of Diabetes Best Practices www.dqip.org/compendium/index.html

Detection, Evaluation and Treatment of High Blood Cholesterol in Adults

www.nhlbi.nih.gov/guidelines/cholesterol/index.htm

Diabetes Clinical Practice Recommendations—on-line http://care.diabetesjournals.org/content/vol25/suppl_1

Essential Diabetes Mellitus Care Guidelines www.dhfs.state.wi.us/health/diabetes/DBMCGuidelns.htm

Hypertension and Diabetes www.nhlbi.nih.gov/health/prof/heart/hbp/hbp_diab.htm

National Guideline Clearinghouse www.guideline.gov

National Kidney Foundation NEW ADDITION! K/DOQI Clinical Practice Guidelines for Chronic Kidney Disease: Evaluation, Classification and Stratification www.kidney.org/professionals/doqi/kdoqi/toc.htm

Sixth Report of the Joint National Committee on Prevention, Detection, Evaluation, and Treatment of High Blood Pressure

www.nhlbi.nih.gov/guidelines/hypertension/jncintro.htm

Task Force Report (1987) on High Blood Pressure in Children & Adolescents www.nhlbi.nih.gov/health/prof/heart/hbp/hbp_ped.htm

Tobacco Cessation Guideline www.surgeongeneral.gov/tobacco

Nutrition & Physical Activity

American Council on Exercise www.acefitness.org

Bam! Body and Mind NEW ADDITION! www.bam.gov/

Canada's Physical Activity Guide www.paguide.com

CDC--Physical Activity and Nutrition Information www.cdc.gov/nccdphp/bb_nutrition/index.htm www.cdc.gov/nccdphp/dnpa/index.htm www.cdc.gov/nccdphp/dnpa/dnpalink.htm

Diabetes Exercise & Sports Assn (DESA) www.diabetes-exercise.org

Diabetic Gourmet Magazine http://diabeticgourmet.com

Dietary Guidelines for Americans www.health.gov/dietaryguidelines

Food Guide Pyramids

(Various languages and cultural/ethnic Guides) www.nal.usda.gov/fnic/Fpyr/pyramid.html

Gourmet Connection Network www.gourmetconnection.com

Just Move—American Heart Association www.justmove.org

Kids Walk to School www.cdc.gov/nccdphp/dnpa/kidswalk/index.htm

Nutrition.gov NEW ADDITION! www.nutrition.gov

Recreation.gov NEW ADDITION! www.recreation.gov

VERB NEW ADDITION! www.verbnow.com

Weight Management

Body Mass Index (BMI) www.shapeup.org

National Institute of Health Obesity Education Initiative www.nhlbi.nih.gov/about/oei/index.htm

Shape Up America www.shapeup.org

General Diabetes Knowledge & Management

Children with Diabetes www.childrenwithdiabetes.com

Diabetes In Control NEW ADDITION! News & Info for Medical Professionals www.diabetesincontrol.com

Diabetes Interview NEW ADDITION! www.diabetesworld.com

The Diabetes Mall www.diabetesnet.com

Diabetes Self-Management Magazine www.diabetes-self-mgmt.com

EndocrineWeb.com: The Diabetes Center www.endocrineweb.com/diabetes

Non-English Language Materials & Information

American Diabetes Association www.diabetes.org

American Dietetic Association's Diversity Resource List www.eatright.org/diversity/resource.html

Association of Asian Pacific Community Health Organizations www.aapcho.org

California Project LEAN
Spanish Nutrition & Activity Information
www.californiaprojectlean.org

Diabetes Australia
Diabetes information available in a variety of languages
www.multilingualdiabetes.org

Mendosa.com Listing of websites in a variety of languages www.mendosa.com/nonengl.htm

Multilingual-Health-Education.net www.multilingual-health-education.net/faq.asp

National Diabetes Education Program www.ndep.nih.gov

National Institute of Diabetes, Digestive & Kidney Diseases

www.niddk.nih.gov

Nutrition Information for New Americans Project http://multiculturalhealth.org

Spanish Diabetes Website www.croniweb.com

Vietnamese Health Information www.nhanhoa.org/all.html

Other

Cybernephrology (NKF) NEW ADDITION! www.kidney.org/professionals/cyber

Diabetes Monitor www.diabetesmonitor.com

Diabetic Gift Baskets NEW ADDITION! www.diabeticgiftbaskets.com

Dr. Koop www.drkoop.com

Medical Alert Jewelry NEW ADDITION! www.aboutmejewelry.com

Medscape
For Health Professionals; Medline access
www.medscape.com

WebMD Health http://my.webmd.com

Pharmaceutical Companies

Most pharmaceutical companies provide free diabetes educational materials. For information contact:

Abbott MediSense, Inc.

4A Crosby Drive Bedford, MA 01730-1402 Toll free: 1-800-527-3339

www.medisense.com

Aventis Pharmaceuticals, Inc.

300 Somerset Corporate Blvd. Bridgewater, NJ

Toll free: 1-800-981-2491

www.aventis.com

Bayer Corporation

100 Bayer Rd Pittsburgh, PA 15205-9741

Tel: 412-777-2000 www.bayerus.com

Becton Dickinson and Company

1 Becton Drive

Franklin Lakes, NJ 07417-1883

Tel: 201-847-6800 www.bd.com

Bristol-Myers Squibb Company

345 Park Avenue

New York, NY 10154-0037

Tel: 212-546-4000 www.bms.com

Disetronic Medical Systems, Inc.

5151 Program Avenue St. Paul, MN 55112-1014 Tel: 1-800-280-7801

E-mail: info@disetronic-usa.com

www.disetronic-usa.com

Eli Lilly and Company

Lilly Corporate Center Indianapolis, IN 46285 Toll Free: 1-800-545-5979

www.lilly.com

GlaxoSmithKline

5 Moore Drive P O Box 13398 Research Triangle Park, NC 27709

www.gsk.com

LifeScan, Inc.

Milpitas, CA 95035 Toll free: 1-800-227-8862

Toll free: 1-888-825-5249

E-mail: CustomerService@LifeScan.com

www.lifescan.com

Novo Nordisk Pharmaceuticals, Inc.

100 College Rd West Princeton, NJ 08540

Toll free: 1-800-727-6500 (only for medical &

technical information)
Tel: 609-987-5800
www.novonordisk-us.com

Pfizer, Inc.

235 E. 42nd St.

New York, NY 10017 Toll free: 1-800-879-3477

www.pfizer.com

Schering-Plough

2000 Galloping Hill Road Kenilworth, NJ 07033-0530

Tel: 908-298-4000

www.schering-plough.com

Roche Diagnostics

Toll free: 1-800-845-7355

www.roche.com

Takeda Pharmaceuticals

Toll free: 1-877-202-2721

www.takeda.com

Wisconsin Diabetes Advisory Group Members Partners in Diabetes Prevention

Partners are the cornerstone of the Diabetes Prevention and Control Program. We are working together to improve care for individuals with diabetes statewide

- Wisconsin Diabetes Control Program
- Advanced Health Care
- American Diabetes Association
- American Heart Association
- Animas Corporation
- Aurora Healthcare
- Black Health Coalition
- Black Nurses Association
- Bureau of Aging
- Bureau for the Blind
- Bureau of Quality Assurance
- Children's Hospital of Wisconsin
- Community Physicians Network
- Consumers and Individuals with Diabetes
- Council on Latino Health
- Division of Healthcare Financing
- Employers Health Corporation
- Famhs Home Health Agency
- Family Medical Clinic
- GlaxoSmithKline
- Great Lakes Inter-Tribal Council, Inc.
- Healthcare Network of Wisconsin
- Ho-Chunk Nation
- Innovative Resources Group/Compcare
- Juvenile Diabetes Research Foundation
- Latino Health Organization
- Managed Health Services
- Marquette University School of Dentistry
- MetaStar
- Milwaukee Department of Public Health
- Milwaukee Urban League, Inc
- MiniMed
- National Kidney Foundation of Wisconsin
- Northeast Wisconsin AADE
- Northern Wisconsin AHEC, Inc.
- Novo Nordisk Pharmaceuticals, Inc.
- Pfizer
- Pharmacist Society of Wisconsin
- Physicians Plus Insurance Corporation
- Prairie Clinic
- Prevea Health Care-Green Bay
- Promark Communications, Inc.

- Ryan Diagnostics, Inc.
- Security Health Plan of Wisconsin
- Southwestern Wisconsin AADE
- State Medical Society of Wisconsin
- Touchpoint Health Plan
- UW Department of Population Health Sciences
- UW Health-West Diabetes Clinic
- UW Hospital-Cardiology Section
- UW Madison Medical School
- West Central Wisconsin AADE
- Wisconsin Academy of Family Physicians
- Wisconsin Dental Association
- Wisconsin Dietetic Association
- Wisconsin Education Association Insurance
 Trust
- Wisconsin Health & Hospital Association, Inc.
- Wisconsin Lions Foundation
- Wisconsin Optometric Association
- Wisconsin Physicians Service
- Wisconsin Primary Health Care Association
- Wisconsin Society of Podiatric Medicine, Inc.
- Wisconsin State Association of Occupational Health Nurses
- Zablocki Veterans Administration Medical Center

Wisconsin's Community Health Centers

Beloit Area Community Health Center

74 Beloit Mall Beloit, WI 53511 608/361-0311

Bridge Community Health Clinic

1810 North Second Street Wausau, WI 54403 715/848-4884

Family Health Center of Marshfield, Inc.

1000 North Oak Avenue Marshfield, WI 54449-5790 715/387-5511 800/782-8581

Additional Family Health Center Locations:

Athens Center 729 Pine Street Athens, WI 54411 715/257-7521

Bruce Center 405 Bruce Lake Road Bruce, WI 54819 715/868-1111

Cadott Center 305 S. Hwy 27 Cadott, WI 54727 715/289-3102

Chippewa Center 2655 Cty Hwy I

Chippewa Falls, WI 54729

715/726-4200

Colby-Abbotsford Center

111 Dehne Drive Colby, WI 54421 715/223-2331

Cornell Center 221 Main Street Cornell, WI 54732 715/239-6344

Greenwood Center 102 W Cannery St. Greenwood, WI 54437

715/267-6600

Ladysmith Center 906 College Avenue West Ladysmith, WI 54848 715/532-2300

Ladysmith Dental Center (This is the current location, should be in new facility by 6/03) 901 College Avenue West Ladysmith, WI 54848 715/532-6171

Loyal Center 141 South Main Street Loyal, WI 54446 715/255-8595

Marathon Center 117 Main Street Marathon, WI 54448 715/443-2609

Marshfield Center 1000 North Oak Avenue Marshfield, WI 54449 715/387-5511 or 1-800/782-8581

Mosinee Center 385 Orbiting Drive Mosinee, WI 54455 715/693-9100

Park Falls Center 50 Sherry Avenue Park Falls, WI 54552 715/762-7311

Phillips Center 104 Trinity Drive Phillips, WI 54555 715/339-2101

Stratford Center 101 Wisconsin Ave Stratford, WI 54484 715/687-4211

Thorp Center 704 South Clark Thorp, WI 54771 715/ 669-5536

Family Health Medical & Dental Center

La Clinica de los Campesinos, Inc. 400 South Town Line Road PO Box 1440 Wautoma, WI 54982 800/942-5330 920/787-5514

Health Care for the Homeless of Milwaukee

711 West Capitol Drive Milwaukee, WI 53206 414/374-2400

Additional Health Care for the Homeless Locations:

Angel of Hope Clinic 209 West Orchard Street Milwaukee, WI 53204 (414) 385-5395

Health Care for the Homeless of Milwaukee Behavioral Health Clinic 711 West Capitol Drive Milwaukee, WI 53206 414/374-2400

Madison Street Outreach Clinic 931 West Madison Milwaukee, WI 53204 414/384-1400 Clinic 414/672-6679 Office

St. Ben's Clinic 1027 North 9th Street Milwaukee, WI 53233 414/765-0606

Salvation Army Clinic 1730 North 7th Street Milwaukee, WI 53205 414/265-6360

Kenosha Community Health Center, Inc.

5436 22nd Avenue Kenosha, WI 53140 262/656-0044

Lake Superior Community Health Center

2 E. Fifth Street Duluth, MN 55805 218/722-1497 Additional Lake Superior Community Health Center Locations:

Lake Superior Community Health Center 1419 Hill Ave Ste B Superior, WI 54880 715/392-1955

Madison Community Health Center

2202 South Park Street Madison, WI 53713 608/261-9270

Additional Madison Community Health Center Locations:

Williamson Street 1133 Williamson Street Madison, WI 53703 608/261-9270

Milwaukee Health Services, Inc.

MLK Heritage Health Center 2555 N. Martin Luther King Drive Milwaukee, WI 53212 414/372-8080

Additional Milwaukee Health Services Locations:

Behavioral Health Services Center 2770 North 5th Street Milwaukee, WI 53212 414/286-8886

Isaac Coggs Health Center 2770 North 5th Street Milwaukee, WI 53212 414/286-8882

Oral Health Clinic 2599 North Martin Luther King Drive Milwaukee, WI 53212 414/372-8080

N.E.W. Community Clinic

622 Bodart Way Green Bay, WI 54301 920/437-9773

Additional NEW Community Clinic Locations:

Family Violence Center PO Box 727 Green Bay, WI 54305-0727 920/435-0100

Freedom House 308 North Irwin Green Bay, WI 54301 920/432-4646

House of Hope 1660 Christiana Street Green Bay, WI 54303 920/884-6740

Louise House 1011 Doty Street Green Bay, WI 54301 920/432-8659

NEW Community Shelter 409 North Broadway Green Bay, WI 54303 920/437-3766

Salvation Army 626 Union Street Green Bay, WI 54303 920/497-7053

Westside WIC Site 610 South Broadway Green Bay, WI 54303 920/431-0243

North Woods Community Health Centers

600 Shell Creek Road Minong, WI 54859 715/466-2201

Additional North Woods Community Health Center Locations:

North Woods Community Health Centers 11128 N. State Hwy 77/27 Hayward, WI 54843 715/634-2541

Northern Health Centers, Inc.

15397 Highway 32 Lakewood, WI 54138 715/276-6321

Scenic Bluffs Community Health Centers

611 Broadway PO Box 39 Cashton, WI 54619 608/654-5100 Additional Scenic Bluffs Community Health Centers Locations:

Scenic Bluffs Community Health Centers – Cashton Location 238 Front Street PO Box 39 Cashton, WI 54619 608/654-5100

Scenic Bluffs Community Health Centers – Norwalk Location 200 W. North Street PO Box 228 Norwalk, WI 54648 608/823-7853

Scenic Bluffs Community Health Centers – Three Rivers Location Health Science Center 1300 Badger Street La Crosse, WI 54601 608/789-6293

Sixteenth Street Community Health Center

1032 South 16th Street Milwaukee, WI 53204 414/672-1353

Additional Sixteenth Street Community Health Center Locations:

Dental Clinic 2306 S. Kinnickinnic Ave Milwaukee, WI 53207 414/744-8575

Westside Healthcare Association, Inc.

Lisbon Avenue Health Center 3522 West Lisbon Avenue Milwaukee, WI 53208 414/934-6082